



# Lunch Menu

## June 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<b>5 Turkey Sandwich</b> Sliced Turkey Cheddar Cheese WW Bread Grape Tomatoes Peach 1% White Milk Low-Fat Mayo Low-Fat Ranch  # of Leftovers <input type="text"/>	<b>6 Cracker Stacker</b> Pepperoni Mozzarella String Cheese WW Crackers Vegetable Sticks Banana Bear Graham Crackers Low-Fat Ranch Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>	<b>7 Soft Pretzel Day</b> Soft Pretzel Sunflower Seeds Fresh Blueberries Apple Strawberry Yogurt Mustard 1% White Milk  # of Leftovers <input type="text"/>	<b>8 Grilled Chicken Salad</b> Grilled Chicken Breast Strips White Cheddar Cheese Chopped Lettuce Croutons WW Dinner Roll Grapes Low-Fat Italian Dressing Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>	<b>9 Roast Beef Sub</b> Sliced Roast Beef Sliced Cheddar Cheese WW Tortilla Carrots Cantaloupe Mustard Low-Fat Ranch 1% White Milk  # of Leftovers <input type="text"/>
<b>12 Chicken Nuggets</b> Breaded Chicken Nuggets Broccoli Florets Watermelon Sunchips BBQ Sauce Low-fat Ranch Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>	<b>13 Flatbread Pizza Stacker</b> WW Flatbread Mozzarella Cheese Pepperoni Green Pepper Slices Apple Sauce Pizza Sauce Low-Fat Ranch 1% White Milk  # of Leftovers <input type="text"/>	<b>14 Fiesta Salad</b> Black Beans Shredded Cheese Romain Lettuce Corn Bell Peppers Cherry Tomatoes Cornbread Muffin Chipotle Ranch 1% White Milk  # of Leftovers <input type="text"/>	<b>15 Bagel Day</b> WW Bagel Hard Boiled Egg Blueberries Sliced Peaches Strawberry Cream Cheese Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>	<b>16 Turkey Sandwich</b> Sliced Turkey Provolone Cheese Oat Bread Vegetable Sticks Watermelon Low-Fat Mayo Low-Fat Ranch Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>
<b>19 Southwest Wrap</b> Grilled Chicken Strips Cheddar Cheese WW Tortilla Red & Green Peppers Honeydew Melon Chipotle Ranch Hot-Sauce 1% White Milk  # of Leftovers <input type="text"/>	<b>20 Chopped Salad</b> Soft Breadstick Shredded Cheddar Cheese Salad Greens Shredded Carrots Croutons Mozzarella String Cheese Pizza Sauce Low-Fat Ranch 1% White Milk Plum  # of Leftovers <input type="text"/>	<b>21 Ham and Cheese</b> Sliced Ham Sliced Muenster Cheese Pretzel Roll Carrots Cantaloupe Mustard Low-Fat Ranch Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>	<b>22 Parfait Day</b> Strawberry Yogurt Granola Pretzels Blueberries Grapes Sunbutter 1% White Milk  # of Leftovers <input type="text"/>	<b>23 BBQ Chicken Sandwich</b> Grilled Chicken Breast WW Bun Broccoli Florets Watermelon Slices Low-Fat Ranch BBQ Sauce Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>
<b>26 Its Brunch Time!</b> Hardboiled Egg Strawberry Yogurt Blueberry Muffin Mandarin Oranges Apple Sauce 1% White Milk  # of Leftovers <input type="text"/>	<b>27 Sunbutter Sandwich</b> Sunbutter Spread Jam WW Bread Mozzarella String Cheese Celery Apple Pretzels 1% White Milk  # of Leftovers <input type="text"/>	<b>28 Turkey Sandwich</b> Sliced Turkey Cheddar Cheese WW Bread Grape Tomatoes Peach 1% White Milk Low-Fat Mayo Low-Fat Ranch  # of Leftovers <input type="text"/>	<b>29 Cracker Stacker</b> Pepperoni Mozzarella String Cheese WW Crackers Vegetable Sticks Banana Bear Graham Crackers Low-Fat Ranch Fat-Free Chocolate Milk  # of Leftovers <input type="text"/>	<b>30 Soft Pretzel Day</b> Soft Pretzel Sunflower Seeds Fresh Blueberries Apple Strawberry Yogurt Mustard 1% White Milk  # of Leftovers <input type="text"/>

\* Our menu now features an area to help you keep track of your left-overs. Please do an inventory of your leftover meals. Contact Joy Prospal at to adjust your delivery amounts so that you are able to use up all of your leftovers before the end of the year. \*